



**Core Competencies
in Action**
12 hours CCEU

IS THIS YOU?



Are you looking for:

- A simple way to receive continuing coach education points for your credential
- A community of coaches focused on learning by example
- A blended learning experience where you can study at your own pace
- A blended learning experience mixed with engaging and interactive zoom meetings in a group, so that you can discuss and strengthen your learning and stay motivated to do the individual work in a certain timeframe



Our program is:

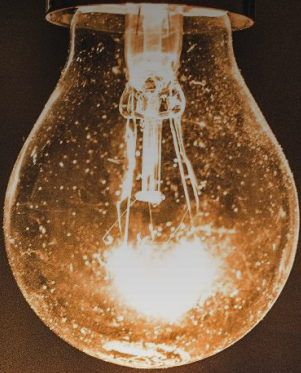
- Fully accredited for 12 hour CCE
- Engaging and for a global audience
- Uses 8 hours individual online work
- Plus 4 hours group work via zoom
- Makes recorded sessions available to support intensive learning
- Uses a highly transferable, easy and respectful coaching approach
- Helps you to develop your sparkle as a coach



OUR PROGRAM

Time	Activity	Core Competencies
2 hours	Asynchronous learning / Individual work: watching a coaching video, reading and analyzing a transcript, filling in a reflection sheet: <ul style="list-style-type: none"> - Where did I observe the competencies? - What is my reasoning behind it? - How can I use this in my own practice 	Core Competency Group A
1 hour	Synchronous learning / Group Zoom call: discussing practicing Core Competency group A in detail	Core Competency Group A
2 hours	Asynchronous learning / Individual work watching a coaching video, reading and analyzing a transcript, filling in a reflection sheet: <ul style="list-style-type: none"> - Where did I observe the competencies? - What is my reasoning behind it? - How can I use this in my own practice 	Core Competency Group B
1 hour	Synchronous learning / Group Zoom call: discussing practicing Core Competency group B in detail	Core Competency Group B
2 hours	Asynchronous learning / Individual work: watching a coaching video, reading and analyzing a transcript, filling in a reflection sheet: <ul style="list-style-type: none"> - Where did I observe the competencies? - What is my reasoning behind it? - How can I use this in my own practice 	Core Competency Group C
1 hour	Synchronous learning / Group Zoom call: discussing practicing Core Competency group C in detail	Core Competency Group C
2 hours	Asynchronous learning / Individual work: watching a coaching video, reading and analyzing a transcript, filling in a reflection sheet: <ul style="list-style-type: none"> - Where did I observe the competencies? - What is my reasoning behind it? - How can I use this in my own practice 	Core Competency Group D
1 hour	Synchronous learning / Group Zoom call: discussing practicing Core Competency group D in detail	Core Competency Group D

LIVE ONLINE COACH TRAINING



LANGUAGES AND TIME ZONES

- The program is currently available in English
- All other languages available upon request (large trainer pool)
- All time zones



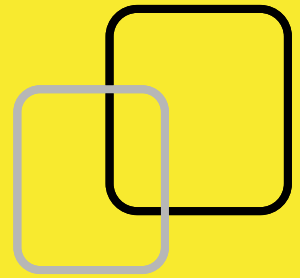
TECHNICAL REQUIREMENTS

- Via Zoom (www.zoom.us)
- International phone dial in available guaranteeing stable operation from almost anywhere



YOUR INVESTMENT

- 357 € including 19% VAT
- VAT applies for German companies and individuals and individuals in the European Union, only. All others please check your country's regulations.
- Dates can be found at www.solutionsacademy.com/coach-training



Kirsten Dierolf, MCC, M.A., MSFP

Kirsten has been coaching executives, middle managers and teams for global corporations since 1996. She also designed and delivered large leadership development programs all over the globe. In 2016 she was certified as Master Certified Coach. She has coached over 3000 hours as a professional coach and passed the thorough exams of the International Coach Federation. Kirsten is member of the assessor team for the ICF for MCC and PCC certifications. Her Solution Focused expertise comes from training directly with the founders of the approach, Insoo Kim Berg and Steve de Shazer.

She was president of SFCT, the association for the quality development of solution focused consulting and training and founder and member of the editorial team for [“InterAction — the journal of solution focus in organisations.”](#)

She is a prolific writer with over 30 articles and two books: [“The solution tango”](#) with Louis Cauffman and [“Solution Focused Team Coaching”](#). Kirsten has been running programs to develop professional Solution Focused Coaches since 2008. Her first Accredited Program ran in 2015.