



ICF ACCREDITED ONLINE COACH TRAINING

IS THIS YOU?



Are you looking for:

- an ICF accredited coach training program
- With guaranteed quality
- Leading to ICF certification as a coach
- For leaders, HR-professionals, high-potentials
- Giving them global experience and exposure
- Thorough but feasible given people's workload
- Transferable to building and strengthening a coaching culture in your organization



Our program is:

- Fully accredited for ACC and PCC certification
- Engaging and for a global audience
- Uses two 4-hour zoom online sessions every month for a little more than a year (all timezones)
- Makes recorded sessions available to support intensive learning
- Uses a highly transferable, easy and respectful coaching approach: Solution Focus



OUR PROGRAM

Topic	Training hours	Sessions (4 hours)	Additional Peergroup and self study
“SF Coaching Fundamentals” leading up to ACC certification			
1 Coaching Fundamentals	16	4	4
2 Coaching Fundamentals	16	4	4
3 Coaching Fundamentals	16	4	4
Groupmentorcoaching included in sessions	7		
“SF Coaching in Organizations”			
4 Coaching Practice	8	2	4
5 Team Coaching	16	4	4
6 Coaching in Organizational Development and Change	16	4	4
7 Coaching in Conflict Situations	16	4	4
Groupmentorcoaching included in sessions	7		

Please see <http://www.solutionsacademy.com/coach-training> for the dates

CURRENT ICF CERTIFICATION REQUIREMENTS

ACC “ASSOCIATE CERTIFIED COACH”

- ❑ 60 hour coach training program and submission of 1 coaching recording / transcript (ACSTH track) or
 - ❑ 125 hour coach training program (ACTP track)
- Additionally
- ❑ Passing “Coach Knowledge Exam” administered online by ICF after registration for the certification
 - ❑ Paying the certification fee
 - ❑ Attesting to 100 hours of coaching experience (having coached) and being able to show a log of the hours
 - ❑ 10 mentor coaching hours (7 group mentor coaching hours are included in the program – 3 additional individual mentoring sessions are required, can also booked with us at € 150 an hour)

PCC “PROFESSIONAL CERTIFIED COACH”

- ❑ 125 hour coach training program (ACTP track)
- Additionally
- ❑ Passing “Coach Knowledge Exam” administered online by ICF after registration for the certification
 - ❑ Paying the certification fee
 - ❑ Attesting to 500 hours of coaching experience (having coached) and being able to show a log of the hours
 - ❑ 10 mentor coaching hours (7 group mentor coaching hours are included in the program – 3 additional individual mentoring sessions are required, can also booked with us at € 150 an hour)

LIVE ONLINE COACH TRAINING



LANGUAGES AND TIME ZONES

- The program is currently available in English and German
- All other languages available upon request (large trainer pool)
- All time zones



TECHNICAL REQUIREMENTS

- Via Zoom (www.zoom.us)
- International phone dial in available guaranteeing stable operation from almost anywhere



YOUR INVESTMENT

- 132 hour program for one participant: € 4680 (plus 19% VAT)*
- 60 hour “SF Coaching Fundamentals” for one participant: € 1980 (plus 19% VAT)*
- 72 hour “SF Coaching in Organizations” for one participant: € 2700 (plus 19% VAT)*
- Bespoke classes available (talk to us: www.solutionsacademy.com/contact)

* VAT applies only if invoiced to a German address



RECOGNIZED CERTIFICATE

The International Coach Federation
is honored to confer upon

GUARANTEED QUALITY

- The program is accredited as ACTP by the International Coach Federation, the international gold-standard for coach training programs guaranteeing the international recognition of the quality of the training.

GLOBALLY RECOGNIZED GRADUATION CERTIFICATE

- With our graduation certificate, participants can apply for the ACTP track certification by the International Coach Federation which guarantees the validity and international recognition of the training and training certificate.
- It includes all training hours for certification as Professional Certified Coach by the International Coach Federation and is a “one-stop-shop” making it unnecessary to assemble other training hours and document and collect other training hour paperwork. An ACTP training is the most hassle-free way to gain certification.
- Participants can stop after 60 hours of accredited training to apply for ACC certification with the ICF under the ACTP track after only 100 hours of experience coaching clients (internal or external). This allows participants to apply for ICF membership and gain recognition as a professional coach before having assembled the 500 client coaching hours necessary for PCC.



COACHING CULTURE

CREATE A COMPELLING POSITIVE CULTURE IN YOUR ORGANIZATION

- Our Solution Focused approach focuses on what can be changed and how – instead of assigning blame or finger pointing. With more of your coaches and leaders trained in the approach, feedback, leadership and meeting culture will change toward the positive. Some organizations have reported a three times improvement in meeting efficiency and performance conversations that people are actually looking forward to.
- The Solution Focused approach is particularly suitable for shorter, ad-hoc conversations. Leaders today have little time for hour long coaching sessions with their direct reports. Our approach is much more attuned to this reality than others. Managers will see an improvement in the quality of the work of their direct reports much faster.
- Change is ever present in the VUCA world — with its focus on incremental change, Solution Focused work is very suitable for today's fast paced working environment. You will find less resistance, more flexible leaders, coaches and contributors making change easier and more productive.



COMFORTABLE, FLEXIBLE, EFFICIENT AND FROM WHEREVER PARTICIPANTS ARE

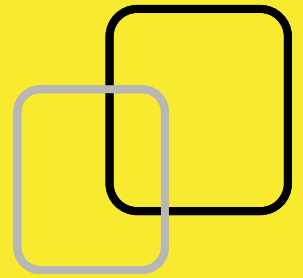
- The time investment is 4 hours live online training twice a month for a little more than a year. Even busy people will find the time to profit from our training without putting a strain on their life. In fact, since participants are being coached as well as learning to coach, their life will probably become even easier when they join our training.
- Participants take part online and from wherever they are. There is no need to spend valuable hours in trains, planes, automobiles or hotels saving time, energy and training budget.
- The sessions are run with Zoom: as easy to connect as a mouse click. There is friendly support for technophobes. All sessions are recorded so participants can watch a session again if they want to focus on a specific learning point. Offline material is available in a modern “moodle” environment. Participants can access the learning material whenever they want, wherever they are, which gives them optimal flexibility and choice on where and how to spend their time.
- The small group with a maximum of 12 participants (with one or two trainers) and the possibility to do breakout rooms in the virtual environment for even smaller groups make the training highly interactive. Participants get lots of hands-on practice and feedback so that they learn fast, efficiently and effectively. Zoom feels exactly like a real classroom: real interaction, small groups, live coaching – no boring webinars.



GLOBAL

Optimal preparation for coaching in a global environment

- The training is truly global and set up so that people from all over the world can join (Asia, Europe, American time-zones). Participants meet, are coached by and learn to coach global participants. In the last round we had participants from: Germany, Belgium, UK, USA, Saudi Arabia, India, Singapore, Switzerland, Italy, Australia, Romania. Perfect practice for today's world and perfect to cater to the educational needs of a global corporation or NGO.
- The training includes foundational coaching skills plus a wide range of coaching specialties (team coaching, coaching in organizational development, coaching in change management, coaching in conflict situations) so that the future coaching practice of the participants is not limited to hour long one-on-one sessions but can be used versatily in today's global business environment.
- The training is highly practical and transferable to participants' work life and perfect for global managers, leaders, and HR. Solution-Focused coaching is effective, pragmatic, ethical, non-invasive and respectful and easily adaptable to many situations.
- We can amend the program to fit your organization's specific coaching needs. For example, if you would like participants to learn about "Coaching as a leader" we can easily substitute "Coaching in Conflict Situations" or "Coaching in Organizational Change and Development" as a module.

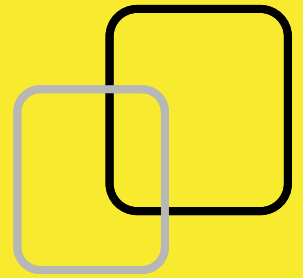


Kirsten Dierolf, MCC, M.A., MSFP

Kirsten has been coaching executives, middle managers and teams for global corporations since 1996. She also designed and delivered large leadership development programs all over the globe. In 2016 she was certified as Master Certified Coach. She has coached over 3000 hours as a professional coach and passed the thorough exams of the International Coach Federation. Kirsten is member of the assessor team for the ICF for MCC and PCC certifications. Her Solution Focused expertise comes from training directly with the founders of the approach, Insoo Kim Berg and Steve de Shazer.

She was president of SFCT, the association for the quality development of solution focused consulting and training and founder and member of the editorial team for [“InterAction — the journal of solution focus in organisations.”](#)

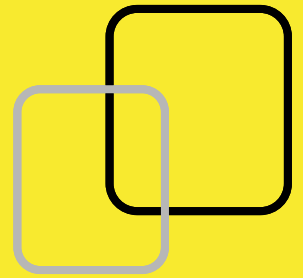
She is a prolific writer with over 30 articles and two books: [“The solution tango”](#) with Louis Cauffman and [“Solution Focused Team Coaching”](#). Kirsten has been running programs to develop professional Solution Focused Coaches since 2008. Her first Accredited Program ran in 2015.



Debbie Hogan, MS, CSFC, MSFP, PCC

Debbie has degrees in Psychology and Counselling. She is in private practice with over 28 years experience as a therapist, trainer and coach. She is an EAP provider for local and multi-national companies. As an executive coach, she has worked with CEO's, top-level management, and the private sector. She is a Certified Solution Focused Coach, Master SF Practitioner and Examiner for the CCPC and IASTI certifications, accredited Professional Certified Coach with the International Coach Federation and Managing Director of the Academy of Solution Focused Training.

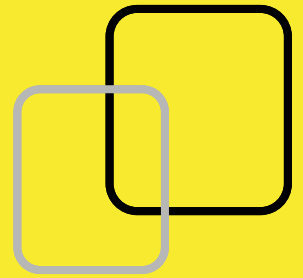
She has contributed to numerous magazine articles and book chapters, including The Art of Solution Focused Therapy, Encounters with Steve and Insoo and co-editor of Solution Focused Practice in Asia, was published in 2016.



Dave Hogan, MTh, CSFC, MSFP, PCC

Dave has over 26 years experience as a consultant, trainer and coach. He has degrees in French, theology and counseling and specializes in coaching, training, mentoring and leadership development. He conducts workshops for organizations in team building, leadership coaching for managers and career development. Dave is a Certified Solution Focused Coach with the Canadian Council of Professional Certification, and Master SF Practitioner with IASTI, an accredited Professional Certified Coach with the International Coach Federation and conducts training in Singapore and the region in the solution focused approach in leadership and coaching.

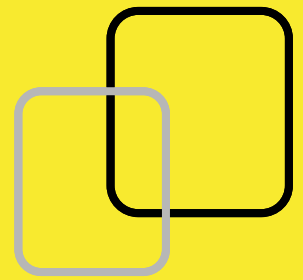
He has been interviewed on the radio and has contributed to numerous magazine articles. Dave is a founding member of the International Alliance of Solution Focused Training Institutes and is the Director of the Academy of Solution Focused Training. He is co-editor of Solution Focused Practice in Asia, a collection of inspiring case examples from coaching and consulting which was published in 2016.



Dr. Svea van der Hoorn, MCC

Svea was introduced to the SF Brief Approach in 1988 via Steve de Shazer's article "Minimal Elegance". Since then she has pursued a rich and diverse journey with both SFBT and SF Brief Coaching. She is known for her creative and incisive questioning and her ability to synthesize what seems un-connectable. This has stood her in good stead in her quest to connect the ICF core competencies with the principles and practices of the SF approach. Much of her work is in adult learning and development – as a trainer, a supervisor, a mentor coach and assessor for ICF credentialing, and as an SF practitioner.

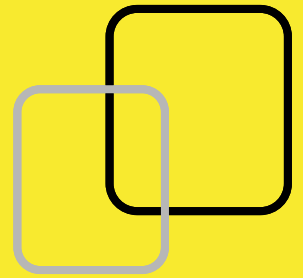
She continues her interest in all things to do with learning which she honed academically when writing her doctorate titled "The development of eco-systemic thinking: an epistemological study". When not busy with being curious, Svea enjoys preparing feasts for friends, reading quietly and has recently discovered the tactically world of playing croquet.



Joe Cannon, PCC

Joe has an extensive background in psychology and counseling, having worked as a psychological examiner, clinical therapist and family counselor across a variety of private, community and faith-based venues. Besides working with the general population, he has worked specifically with substance abusers, court-referred juvenile delinquents and managed a halfway house for the chronically mentally ill.

He has worked with therapy groups as well as parent training and church leadership groups. Joe is certified as a Master Practitioner in Neuro-Linguistic Programming. Having a life-long interest in physical fitness he is an instructor in Shuri Ryu Okinawan Karate and has also studied and practiced many bodywork modalities including Thai Medical Massage, Soft Tissue Release and Reiki. Currently he is a Personal Trainer and Life Coach. He is a Master SF practitioner with IASTI and a Professional Certified Coach with ICF



Shakya Kumara, PCC in progress

Shakya Kumara has been using Solutions Focus since 1992. Since 2005 he has been training managers to use SF Coaching, as part of Dr. Mark McKergow's Centre for Solutions Focus at Work (SFWork). Shakya has been running live online training workshops since 2012. Shakya is the originator of a number of Solutions Focus models such as "iFLOW" Time Mastery, "MAGIC" Negotiation, R4 Delegation, Brief Mindfulness stress-reduction and RADAR un-procrastination, which have all been trained around the world.

As an executive coach, Shakya has worked with leaders and managers from the UK, Europe and the Middle East, across all 3 sectors. He and is frequently invited to lead workshops at national and international conferences such as Coaching at Work and SOLWorld. Shakya's PCC accreditation is planned for early 2019.